

Useful contacts for parents/carers of children receiving a diagnosis of Autism, Autism Spectrum Disorder or Asperger's Syndrome

- ❖ [Dudley Autism Outreach Service](#) Advice and support for parents/carers of children in **mainstream** schools on our caseload. Training for staff and parents; signposting and advice for parents. Contact: 01384 816974 - Ruth Heeks - Family Advisor ruth.hecks@dudley.gov.uk www.dudley.gov.uk/resident/learning-school/parental-support/specialistinclusionservices/autism-outreach for useful information
- ❖ [Family Outreach](#) For parents/carers of children with a diagnosis of ASD attending **special** school. For links to other local support and activities: www.family-outreach.co.uk
- ❖ [Autism West Midlands](#) Regional ASD society, Practical Interventions course, dads group last Thursday of every month 7.30-9.30pm, sibling workshops, newsletter, training events, information helpline, adult services, contact: 0121 450 7575
- ❖ [National Autistic Society](#) Information on national policies, government strategies, parent helpline, events, training, books etc.; a very good website for a variety of issues. Contact: 0808 800 4104
- ❖ [Contact A Family](#) Freephone Helpline for information/support for families of disabled children, including SEN advice on education 0808 808 3555 email helpline@cafamily.org.uk
- ❖ [\(SENDIASS\) Dudley Special Educational Needs and Disability Information, Advice and Support Service](#) Formerly Parent Partnership, provide legally based advice, information and support on all matters relating to SEN and disabilities including health and social care issues. Contact: 01384 817373 dudley.sendiass@dudley.gov.uk www.dudley.gov.uk/dudleysendiass
- ❖ [Dudley Parent Carers Forum](#) 'Working for change' – engaging with and empowering parents to influence decisions and improve changes to services. 01384 573381, Twitter: @DWTFC email info@dudleyparentcarerforum.com facebook.com/dudleyparentcarerforum
- ❖ [Action Art](#) Stourbridge Children's Centre, Forge Road, Stourbridge, DY8 1XF: Every first Tuesday of the month; 10.30am-12.30pm for arts, craft, coffee and a chat. Everyone welcome to stay until 1.30pm, bring a packed lunch if you like! actionartdudley@gmail.com
- ❖ [We love Carers](#) Benefits advice/Men's Forum/ contact: Rachael Gardener 07817 321072 rachael@welovecarers.org
- ❖ [ASD/ADHD/ADD Parent Support Group](#) For all parents/carers of children with ADHD, ASD, a support network and a place to make new friends meeting every month, 10am-12pm at Gather, High Street, Dudley, for information, contact anne@welovecarers.org 07763 875654
- ❖ [Clubs/activities for young people Total CHAOS](#) 10am–12pm every Saturday for kids aged 5-14, siblings welcome, £5/session, for more information contact rachael@welovecarers.org [CHAOS Sports group](#) for young people aged 14 and over, Thursdays 7.30-9pm, £5/session, for more information contact Steve on 07795159806. [CHAOS Toy library](#) for children with disabilities/special needs and their siblings, held at Queens Cross Network, Wellington Road, Dudley 10am-12pm, for details contact Anne at anne@welovecarers.org or 07763 875654 [Little CHAOS](#) is an all disability support group held Wednesdays 1-2.30pm at Scallywags, Brierley Hill. Free, no need to book, for more information contact anne@welovecarers.org
- ❖ [Kids Orchard](#) Activities for children with disabilities age 5 to 19, contact 01384 897489 or email enquiries@kidsorchard.org

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- ❖ **Sportzone** Sports activities/games for children with disabilities run in school holidays
Contact: Greg Southall 01384 814179 www.dudley.gov.uk/sport
- ❖ **Relaxed swimming session** Every Saturday from 5-6pm at Dudley swimming pool;
£2.50/child, carers free. Just turn up or contact: Greg Southall 01384 814179
www.dudley.gov.uk/sport
- ❖ **Lower Gornal Youth Club (Me & You)** Wednesday evenings from 6-8.30pm, £3 (ages 11-18)
by appointment only, contact: AOS 01384 816974 or Sajid Rehman 07799 070630.
- ❖ **The Source at Wordsley** Wednesday evenings: Contact Wajid Hussain 01384 813967
- ❖ **Halesowen Youth Club** Green Hill (age 11 plus): Contact Sajid Rehman 07799 070630
- ❖ **Sycamore Adventure** Thursday play sessions 4.30-6.30pm for children with additional requirements and their family members, term time only. Holiday times, Thursdays 1- 4 pm for children aged 0-16 and a parent/carer and sibling: Contact: 01384 813828
- ❖ **Options+ leisure card** Offers a 50% discount on selected leisure activities at Dudley, Crystal and Halesowen leisure centres: Contact: 01384 812800 www.dudley.gov.uk/options
- ❖ **Autism friendly cinema screenings** Showcase and Odeon cinemas have launched autism friendly screenings in partnership with not-for-profit support provider, Dimensions. The screenings provide opportunities for people with autism or sensory sensitivity to enjoy a trip to the cinema. Visit <http://www.showcasecinemas.co.uk/events/autism-friendly-screenings> and <http://www.odeon.co.uk/accessibility/autism-friendly-cinema-screenings/>
- ❖ **BOING Zone Trampoline Park** Stourbridge 1384 931994 SEN session Sunday's 6pm-7pm
- ❖ **Stourbridge Library SEN Craft Groups** Meet monthly at Stourbridge Library. Have a story and then do a related craft. See Dudley MBC website for details
- ❖ **Dudley Zoo & Castle Free Admission** If your child is on the Children's Disability Network Register, you are able to access a Dudley Zoo & Castle Pass, free admission for a family of 5 (2 adults, 3 children age 3-17yrs) contact Children's Disability Team on 01384 815813 or email CDT.Cs@dudley.gov.uk with your request
- ❖ **Fun Club Dudley Leisure Centre** Mondays 4.45-5.45pm contact Greg Southall 01384 814179
- ❖ **Future Stars!** A drama group for young people aged 10-25yrs with a disability/additional need. The group runs Saturdays, term time only, 2-5pm at Quarry Bank Community Centre, Sheffield Street, DY5 1EA, email for more information letsdancefuturestars@gmail.com
- ❖ **Let's Dance** A dance group for young people aged 5-25yrs with a disability/additional need, Saturdays, term time only at Quarry Bank Community Centre, Sheffield Street, DY5 1EA. For more information and details of styles of dance, email letsdancefuturestars@gmail.com
- ❖ **Singing/Music lessons** autism friendly, for more information email Emily emilytully@hotmail.co.uk